

ANNEX 1 - Setting Life and Educational Goals

Background information	
Name and Surname	
Age	
Country of origin	
Country of residence	
Previous level of education and where	

Life Goals								
	What am I doing well	Where I need to improve	My goal is:	My goal is Specific	My goal is Measurable	My goal is Achievable	My goal is Realistic	My goal is Time-bound
Family (including extended family)								
Friends and interpersonal relationships								
Spirituality and Identity								
Physical health and body awareness								
Mental health and self-awareness								



Educational/schooling and learning goals								
Formal School enrolment								
Educational achievements								
Topics I like, and come easy to me								
Topics and subjects, I find challenging								
Extracurricular activities (workshops, internships)								
Vocational Training								

