

ANNEX 2 - Volunteering Plan_ SMART method

How would like to contribute to the life of my community

A **goal**, of course, is simply what you want to accomplish with your volunteering project. Goals are defined in broad strokes and are often long-term and linked to your life project and inner values.

An **objective** brings a specific aspect of the goal into sharp focus that you have for a specific time, place and action. Therefore, when setting an objective for your volunteering project this will be **concrete and short-term**. Once there is a goal and an objective in **place, specific actions, or activities**, should be formulated that will support the objective to become reality.

Specific
<p>What do I want to accomplish?</p> <p>Learn to take care of animals brought at the shelter</p>
Measurable
<p>How will I know I have accomplished my objective?</p> <p>By the end of the volunteering project I will learn how to take care of their basic needs: food, shelter, play by going twice a week at the shelter for 2 hours</p>

Attainable

How can the objective be accomplished?

I have 2 hours of free time on Thursday and Friday when; no special qualifications are needed for the volunteering position

Relevant

Is this objective worthwhile to accomplish? Is it in line with my life project or my values? EXplain.

in line with my life project to become a vet.

Time-bound

By when will the objective be accomplished?

5 months